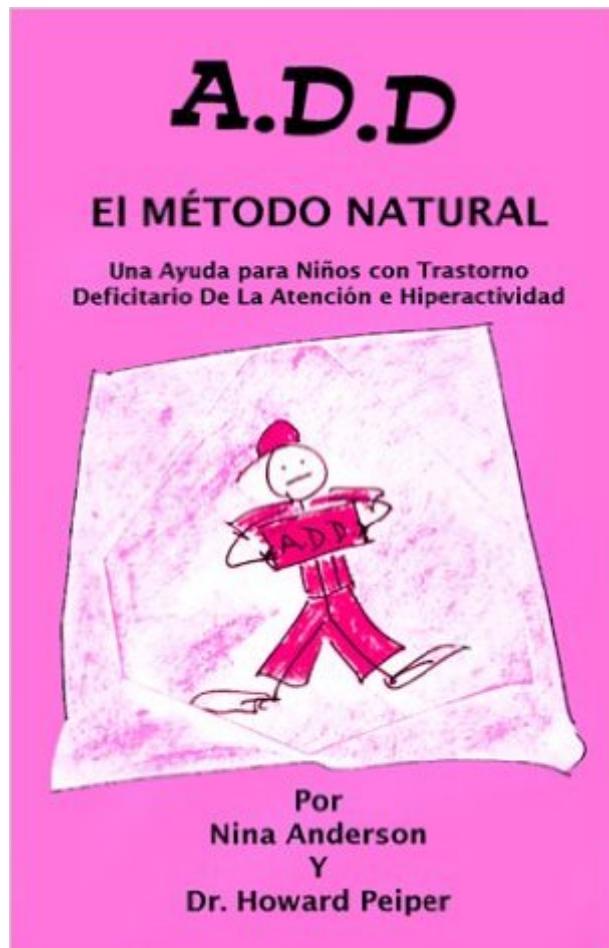


The book was found

A.D.D. El Método Natural (Spanish Edition)



Synopsis

Children with ADD are given powerful drugs to cope with their condition, but the drugs often have dangerous side effects. Without medication, though, how can these children be helped? In their new book, Nina Anderson and Dr. Howard Peiper provide a creative solution for ADD. The authors first explain how ADD is triggered by a central nervous system imbalance, and then offer a variety of natural therapies, including proper nutrition. A unique chapter addresses the treatment of related ailments such as fatigue and depression. Spanish edition.

Book Information

Paperback: 54 pages

Publisher: Square One (July 1, 1999)

Language: Spanish

ISBN-10: 1884820492

ISBN-13: 978-1884820496

Product Dimensions: 5.5 x 0.2 x 8.5 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 starsÂ See all reviewsÂ (1 customer review)

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Customer Reviews

It was very refreshing being hable to find this book in spanish, especially at such reasonable price. I was looking for a book that will explain me of simple ways to help children affected by ADD. These natural methods are of great help if you are looking for a drug free approach, such as diet change. I Also believe that this book could have been improved by offering advice to caregivers in how modify children behavior. In conclusion this book is a good buy at a great price!

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